



## VOLUNTARY SECTOR LIAISON COMMITTEE - 7TH DECEMBER 2016

**SUBJECT: ITEMS OF INTEREST TO THE VOLUNTARY SECTOR**

**REPORT BY: ANEURIN BEVAN UNIVERSITY HEALTH BOARD**

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### 1. PURPOSE OF REPORT

- 1.1 To provide Committee Members with an items of interest report to the Voluntary Sector from the Aneurin Bevan University Health Board.

### 2. THE REPORT

#### NEIGHBOURHOOD CARE NETWORKS (NCN) UPDATE REPORT

#### 2.1 Communities First Support

Caerphilly NCNs continue to work with Communities First and the Third Sector to raise awareness of the excellent support services available, and simplify signposting for patients and carers. The NCN Action Plans have an objective of tackling the effects of obesity, and Communities First programmes, such as Foodwise are being delivered from health venues in Caerphilly. We await the outcome of the prospective closure of the Communities First programme following the phasing out of funding from Welsh Government.

The NCN supported X-POD Health & Prevention Programme for patients diagnosed as at risk of developing diabetes (with impaired glucose tolerance) continues to be delivered. The course is being delivered in all 3 NCN areas of Caerphilly.

#### 2.2 Practice Based Social Workers

Following on from the success of last year's Practice Based Social Workers Pilot a further 8 WTE Social Workers have been recruited utilising joint funding from NCNs, Social Services and ICF. This takes the total to 11 Practice Based Social Workers working across Caerphilly. All GP practices across all 3 Caerphilly NCNs now have access to a Social Worker. The Social Workers provide a greater focus on achieving people's well-being outcomes through holistic integrated assessment and co-productive solutions:

- Increased capacity for GP's where people can access the right person, with the right skills and at the right time
- Development of professional relationships between GP's and Social Workers and avoidance of admissions to hospital through community support via Frailty
- Increased care at home

The multi-disciplinary nature of the social work role is not only demonstrated by the referral sources but also by the number of agencies and third sector organisations the social workers work with and refer to. For example the list below is a sample:

- Education – Literacy
- Community Mental Health Teams

- Primary Care Mental Health
- Reablement
- Police
- Victims Support
- Occupational Therapy
- Age Concern
- Independent sector domiciliary care providers
- Falls Service
- Pharmacy
- Health Visitors
- Independent legal providers
- Substance misuse services
- Homelessness
- Gofal

### 2.3 **Healthy At Home Scheme**

Following on from successful programmes run in two practices in Caerphilly South NCN last year, NCN funding has now been approved for 3 more 'Healthy at Home' programmes to run from a practice in each of the 3 Caerphilly NCNs.

The aim of the Healthy At Home Scheme is to provide a service that links in with GP surgeries to reach people who are socially inactive and/or isolated and to assist with hospital prevention and sustainable independent living. Links are also be made to the Rapid Response Adaptation Programme and any other available adaptation sources. The officer also signposts to other voluntary sector services including the Care & Repair casework service to provide assistance for any repairs needed to the home.

### 2.4 **Young Carers**

NCN funding has been approved to support NVQ Peer Mentoring training for Barnado's Caerphilly Young Carers. Eight young people aged between 14 – 18 years from across Caerphilly Borough will benefit directly from the training qualifications. It will also inspire others to aim for the Peer Mentoring roles should further opportunities for training arise.

### 2.5 **Smoking Cessation**

Promotion of Smoking Cessation has been circulated to the Third Sector along with information on all Pharmacies providing Level 3 Smoking Cessation services. ASH Wales information has also been widely distributed.

### 2.6 **Diabetes Self-Management**

NCNs have been made aware that Diabetic patients can be supported by the GAVO/NHS EPP Self-Management Programme. Courses include the course for Carers – 'Looking After Me'.

### 2.7 **Social Isolation**

Raising awareness across the NCNs of Third Sector agencies offering support to alleviate isolation and loneliness, avoiding hospital admission and re-admission from RVS, Red Cross, Age Cymru Gwent. All 3 Caerphilly NCNs have received presentations from the now established Community Connectors for Caerphilly.

### 2.8 **Immunisations**

Campaign materials to raise awareness of immunisations has been circulated to community groups and Third Sector organisations via NCN meetings and networks as a result of annual engagement with the Vaccine Preventable Disease Programme (VPDP) and Public Health Wales.

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